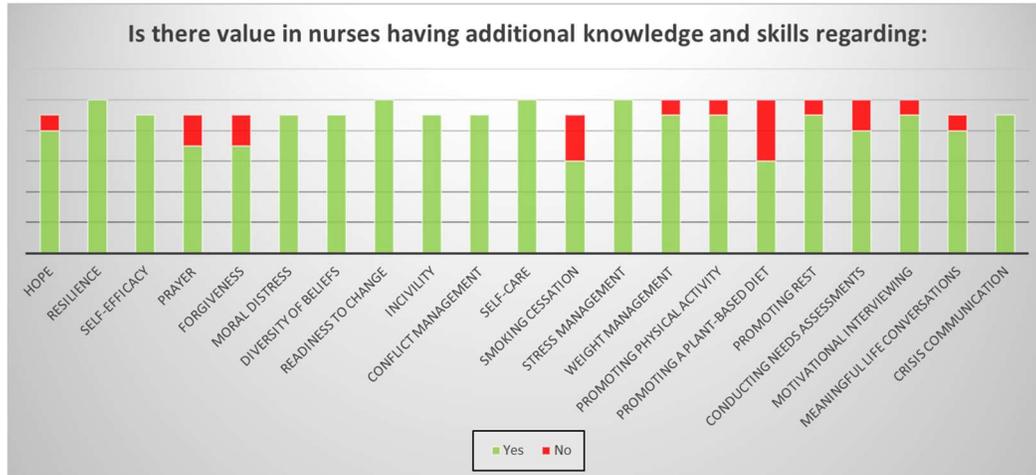


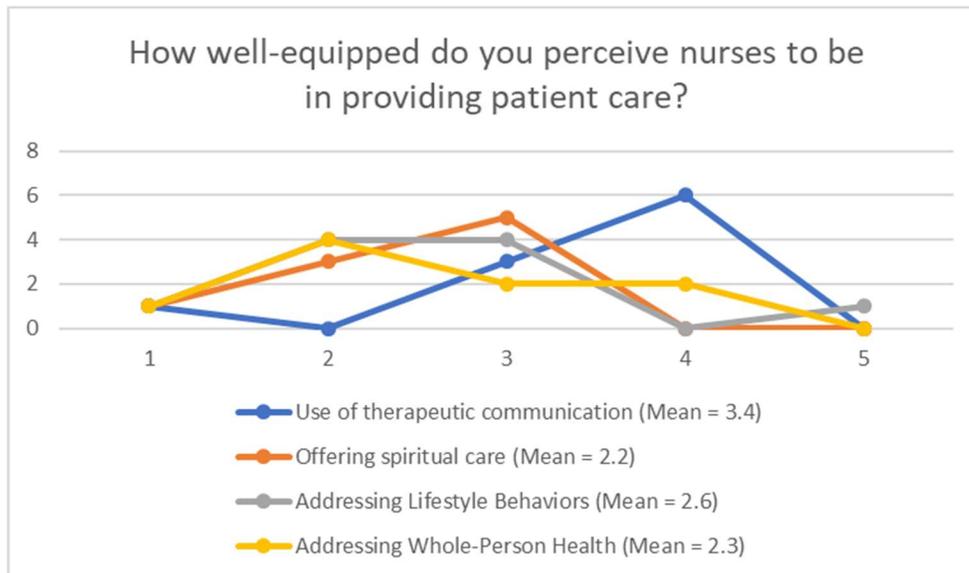
Survey Results-Wellness Roundtable Delegates: n-10

(This was administered prior to June 2019 and reported at the June 2019 meeting)

Information gathered from our participant survey indicates that the medical community values improving nursing knowledge and skills needed to help improve whole-patient wellness. As the chart below shows, many whole-patient wellness techniques are universally desired, and no technique received the support of less than 50% of our survey participants.



Despite the overall enthusiasm for increased whole-patient wellness knowledge and skills, our participant survey shows that most view nurses as being capable of providing only average or below average levels of whole-patient care, as indicated in the chart below.



This discrepancy indicates that there is both a desire and opportunity to improve nursing capabilities to address whole-patient care. The remaining question is straightforward, but draws complex answers: which methods and standards will best improve nurses' whole-patient treatment capabilities?

3. Other topics you believe nurses should have advanced knowledge and skills in?

LGBTQ issues, challenges, & resources
Socio-economic determinants of health (SDOH)
Interprofessional communication and collaboration skills
Post-Traumatic growth (Tedeschi & Calhoun)
Melynks COPE program content (cognitive-behavioral approach to decreasing mental illness for AYA)
Positive psychology concepts (e.g. awe, gratitude)
Emotional trauma assessment so that the nurse can refer patients to qualified counselors and clinical psychologists
The use and benefits of reflection or reflective journaling
RE spiritual and emotional care, "active listening" should be a skill listed
Public/Community health resources, including support groups
Interpersonal communication skills

Addressing Generational needs
Self leadership
Behavior health change skills
Emotional intelligence
Empathy
Coaching philosophy and skills
Critical Thinking
LGBTQ issues, challenges, & resources
Healthy eating in general

4. What value would a nursing certification in Whole-person Wellness provide to your organization or nursing practice in general?

What value would a nursing certification in Whole-person Wellness provide to your organization or nursing practice in general?

I would like to see nurses take a leading role in moving from disease management to health creation.

Increase value for this type of care-across the board.

Increase knowledge of such content, given this increase in value.

This aligns beautifully with our nursing program and will give more depth to the above topics and enable us to progress to implementing these topics intentionally into our courses.

Optimal care is best delivered when all aspects of a patient are taken into account by the nurse-physical, emotional/psychological, spiritual. A Whole-Person Wellness Certification has the potential to promote such care.

Since I work for a large hospital system, it would be crucial and most beneficial to have this nursing certification for whole-person wellness provided to the organization.

I believe this would increase awareness and comfort allowing our bedside teams to bring whole-person care to the next level. It would also help create a network or community within a community of clinicians who could be seen as experts or resources.

Not sure, as having a certificate and impacting on the practitioner's behaviors or retention is not yet tested. Nurses demonstrate high stress so I imagine that the professional nurses who would seek education and training would be those that are experiencing distress or burnout. And seek self care. How many programs of study at the entry level that contain and apply this content is unknown. But it is clearly being seen as valuable to the health of the clinical professionals. Medicine is beginning to build programming to support health of the physicians.

Many assist in addressing issues of non-compliance. Would promote individual approach to care plans. Could result in improved outcomes.

More efficient, effective and management of the current chronic care crisis. In addition, it could reduce the acute care burden in chronic disease and move the delivery of health care to the community and home for prevention as well as disease self-management and patient responsibility and engagement.