

Key Documents and Some Works authored by Participants		
Citation	Key points	
	<p>This document is a very helpful resource in outline form addressing primary components of lifestyle medicine. Topics are presented in weekly format distributed over 14 weeks. Includes goals, objectives, guiding questions for students, required reading references, and additional/optional resources.</p> <p><a href="https://www.lifestylemedicine.org/Lifestyle-Medicine-Course-Syllabus">https://www.lifestylemedicine.org/Lifestyle-Medicine-Course-Syllabus</a></p>	<p>Intent is to include these concepts and collaborate with ACLM.</p>
The American Association of Colleges of Nurses BSN Essentials	<p>The AACN BSN Essentials has requirements that nurse education includes addressing health promotion and disease prevention, including self-care and culturally and spiritually sensitive and appropriate care.</p> <p><a href="https://www.aacnnursing.org/Education-Resources/AACN-Essentials">https://www.aacnnursing.org/Education-Resources/AACN-Essentials</a></p>	
The Joint Commission	<p>The Joint Commission has requirements for addressing cultural and spiritual needs.</p> <p><a href="https://www.jointcommission.org/deline_tjc/the_increasing_need_for_cultural_and_religious_sensitivity/">https://www.jointcommission.org/deline_tjc/the_increasing_need_for_cultural_and_religious_sensitivity/</a>  <a href="https://bit.ly/2HZKItF">https://bit.ly/2HZKItF</a>: Examples of elements that could be but are not required in a spiritual assessment.</p>	
Terceno-Lopez, C., Ferre-Grau, C., Jurado-Campos, J., & Jimenez-Herrera, M.F. (2017). <b>A systematic review about spirituality in nursing care: Avoiding a specific illness care environment.</b> <i>Journal of Advanced Practices in Nursing</i> , 2(2).	<p>Authors conclude, “spirituality is a difficult term to clarify . . .” Also that it is an “intimate and subjective experience so nurses should approach it from an ethical and humanistic perspective.”</p> <p>Published literature and research on this complex topic continues to be limited.</p>	<p>Additional literature review on the topic.</p>
Tiew L.H. & Creedy D.K. (2010). <b>Integration of spirituality in nursing practice: a literature review.</b> <i>Singapore Nursing Journal</i> , 37(1), 15–22.	<p>Five main recurring themes affected nurses' spiritual care: a lack of a shared understanding of spirituality; lack of emphasis on spirituality in nursing education; attitudes, organizational and cultural factors, and individuality.</p>	
<b>Johnston-Taylor, Elizabeth: Fast Facts About Religion: Implications for Nursing</b> (Springer, in press)	<p>Dr. Johnston-Taylor has written many books on these topics. See her biography for further details.</p> <p>These books are resources available to contribute to the discussion where appropriate.</p>	

<p><b>Religion: A Clinical Guide for Nurses</b> (Springer, 2012)  <b>What Do I Say? How to Talk with Patients About Spirituality</b> (Templeton, 2007)  <b>Spiritual Care: Nursing Theory, Research, &amp; Practice</b> (Prentice Hall, 2002)</p>		
<p><b>Taylor, E. (2011). Spiritual care: Evangelism at the bedside?</b> <i>Journal of Christian Nursing</i> 28(4), 194-202.</p>	<p>Author makes a case for being culturally appropriate and ethically sound in addressing spiritual matters with patients. Case story attests to the positive influence connecting with a patient can have on recovery processes.  <a href="https://www.ncbi.nlm.nih.gov/pubmed/21999082">https://www.ncbi.nlm.nih.gov/pubmed/21999082</a></p>	
<p>Sitzman, K. and <b>Watson, J. (2018). Caring, Science, Mindful Practice: Implementing Watson’s Human Caring Theory</b> 2<sup>nd</sup> Ed. Springer Publishing.</p>	<p>Authors review Watson’s Human Caring Theory and provide insights for practical application of concepts, noting projects taking place with practice settings where nurses are utilizing concepts for theory integration.</p>	<p>See Dr. Watson’s biography for additional details and background to her works.</p>
<b>Coaching and Wellness Sources:</b>		
<p><b>Trandel, Darlene</b> 2018, Springer Publishing Co</p>	<p>Chapter: <b>Advancing the Practice of Professional Health and Wellness Coaching</b>          Book: Professional Coaching: Principles and Practice</p>	
<p>Sforzo, G.A., Kaye MP, Torodova, I, et al. <b>Compendium of health and wellness coaching.</b> <i>Am J Lifestyle Med.</i> Published On-line First. doi: 10.1177/1559827617708562.</p>	<p>“The resulting HWC compendium organizes and describes the quantity and quality of available literature for the use and benefit of HWC practitioners and researchers.”  <a href="https://journals.sagepub.com/doi/full/10.1177/1559827617708562">https://journals.sagepub.com/doi/full/10.1177/1559827617708562</a></p>	
<p>Wellcoaches</p>	<p><a href="https://wellcoachesschool.com/">https://wellcoachesschool.com/</a> “Since 2002, Wellcoaches has delivered a gold standard of coach training, education, certification, and support, in <b>partnership with the American College of Sports Medicine and the American College of Lifestyle Medicine.</b> Wellcoaches is also an approved provider of coach training for</p>	

	the International Consortium for Health and Wellness Coaching (ICHWC). Our Core Coach Training, Professional Coach Training, and Lifestyle Medicine for Coaches programs are also approved Continuing Education Programs for ICHWC.”	
Wisdom of the Whole	<a href="https://www.wisdomofthewhole.com/">https://www.wisdomofthewhole.com/</a> Keys to Holistic Coaching	See websites for review of content.
The American Holistic Nurses Credentialing Corporation	<a href="http://www.ahncc.org/certification/">http://www.ahncc.org/certification/</a>	
National Wellness Institute	<a href="https://www.nationalwellness.org/">https://www.nationalwellness.org/</a>	

Literature Review Articles and Highlights			
Citation	Search words	Key points	Notes
Aksoy, M., & Coban, G. I. (2017). <b>Nursing Students’ Perceptions of Spirituality and Spiritual Care.</b> <i>International Journal of Caring Sciences</i> , 10(3), 1136–1147.	Nursing students, spirituality	Integration of spirituality and spiritual subject to the nursing lessons of students could be advised in order to increase their awareness for spirituality and spiritual caring.	Turkish nursing students
Asadzandi, M. (2018). <b>Spiritual Health Consulting Model for Health Promotion in Clients.</b> <i>Health, Spirituality &amp; Medical Ethics Journal</i> , 5(2), 9–15.	Health promotion, spirituality	Failure to pay attention to the lack of spirituality may threaten psycho-socio-spiritual health of clients and cause social crises.	Iran
Boland CS. (1998). <b>Parish nursing: addressing the significance of social support and spirituality for sustained health-promoting behaviors in the elderly.</b> <i>Journal of Holistic Nursing</i> , 16(3), 355–368.	Faith, nursing, spirituality	Importance of the roles of social support and spirituality for the empowerment of older adults to practice health-promoting activities	Literature review
Boswell, C., Cannon, S. B., & Miller, J. (2013). <b>Students’ Perceptions of Holistic Nursing Care.</b> <i>Nursing Education Perspectives (National League for Nursing)</i> , 34(5), 329–333.	Nursing students, spirituality	Additional education is needed for professional nurses concerning spirituality and the provision of spiritual care in a holistic manner. As students developed as registered nurses, their manner of including spirituality mirrored Benner's model.	Review of journal literature.

Brown, T. (2018) <b>Nurse Burnout: An Occupational Hazard</b>	Nursing, spiritual	<a href="https://www.medscape.com/viewarticle/905321">https://www.medscape.com/viewarticle/905321</a>	
Bryer, J., Cherkis, F., & Raman, J. (2013). <b>Health-Promotion Behaviors of Undergraduate Nursing Students: A Survey Analysis.</b> <i>Nursing Education Perspectives (National League for Nursing)</i> , 34(6), 410–415.	Nursing students, health promotion	Implementation of health promotion programs targeting nontraditional students may lead to improved health among these individuals, which may result in increased success in nursing programs.	Teaching nurses to take care of themselves, not teaching them to take care of others.
Bulduk, S., Usta, E., & Dinçer, Y. (2017). <b>The Influence of Skill Development Training Program for Spiritual Care of Elderly Individual on Elderly Care Technician Students' Perception of Spiritual Support.</b> <i>Journal of Religion &amp; Health</i> , 56(3), 852–860.	Nursing, spiritual care	Need of training programs for healthcare professionals to make a distinction between their professional duties and their own personalities in order to offer spiritual care to the elderly individual.	Turkish students. Quantitative study.
Connors, J., Good, P., & Gollery, T. (2017). <b>Using Innovative Teaching Strategies to Improve Nursing Student Competence and Confidence in Providing Spiritual Care.</b> <i>Nurse Educator</i> , 42(2), 62–64.	Nursing students, spiritual care, teaching methods	Innovative teaching strategies including simulation, reflective journaling, and lecture for improving nursing students competence and confidence in providing spiritual care of others.	
Ferrell, B. R. (2018). <b>Spirituality in serious illness.</b> <i>Medscape</i> , July 17.		Author makes the case that there “is growing recognition that all clinicians require training to be prepared to assess and respond to spiritual needs . . . Provision of spiritual support is vital as patients face treatment decisions . . .” This includes connecting with patients and attentively listening. <a href="https://www.medscape.com/viewarticle/899241">https://www.medscape.com/viewarticle/899241</a>	Talking about addressing patient needs and be able to practically apply best practices to do so requires more attention to this topic.
Gartshore, E., Briggs, L., & Blake, H. (2017). <b>Development and evaluation of an educational training package to promote health and wellbeing.</b> <i>British Journal of Nursing</i> , 26(21), 1182–1186.	Health education, nurses	Employers should take steps to promote staff wellbeing and address barriers to accessing workplace health training or supportive services.	Workshop on teaching employees to care for their own health, comparing face-to-face and online training

Higgs, C., Skinner, M., & Hale, L. (2016). <b>Outcomes of a community-based lifestyle programme for adults with diabetes or pre-diabetes.</b> <i>Journal of Primary Health Care, 8</i> (2), 130–139.	Health promotion, health education	Community-based lifestyle program has the potential to be reproduced in other regions and in adults with similar long-term conditions.	Addresses health education for long-term conditions, but does not go into spirituality
Lawson, K. (2014). <b>Qualitative and Quantitative Evaluation of the Impact of Peer Wellbeing Group Coaching for Undergraduate Students.</b> <i>Journal of Alternative &amp; Complementary Medicine, 20</i> (5), A116-7.	Nursing students, health education	Students who participated in the program reported numerous benefits via focus groups, such as increased self-reflection and a greater sense of social support. Quantitative analysis revealed increases in numerous dimensions of Ryff's (1998) Scales of Psychological Well-being	Peer group coaching of students improves their psychological well-being. Religion is absent from discussion.
Pattillo MM, Chesley D, Castles P, & Sutter R. (2002). <b>Faith community nursing: parish nursing/health ministry collaboration model in central Texas.</b> <i>Family &amp; Community Health, 25</i> (3), 41–51.	Faith, religion, nursing	Educated nurses acting as health educators, planners, and counselors can aid in meeting the health needs and in promoting the well-being of their faith communities.	The organizational side of effective public health promotion, including spirituality
Roll, S., Stark, M. A., Hoekstra, T., Hazel, D. L., & Barton, B. (2012). <b>Caring for self and others: Increasing health care students' healthy behaviors.</b> <i>Work, 42</i> (3), 393–401.	Health promotion, stress management	Infusing content on healthy behaviors in undergraduate curricula may better prepare professionals for living a healthy lifestyle.	More teaching students how to care for themselves.
Rushton, L. (2014). <b>What are the barriers to spiritual care in a hospital setting?</b> <i>British Journal of Nursing 23</i> (7), 370-374.	Spirituality, Nursing education, Wellbeing	Author concludes that that health care professionals have “a duty of care to meet patients’ spiritual needs while in the hospital” (p. 373). Role confusion, term definitions, lack of time, and lack of education are acknowledge as contributing to adequately addressing this topic.	Further research is needed.
Schroepfer, E. (2016). <b>Professional Issues. A Renewed Look at Faith Community Nursing.</b> <i>MEDSURG Nursing, 25</i> (1), 62–66.	Religion, nursing	Definition and history of FCN. Holistic health. Certification standards for FCN through the ANCC. Discusses care of patients transitioning from hospital to home, reduced hospitalization costs and patient's access to health care services.	Basic description of faith community nursing; focuses on medical benefits

Stern J, & James S. (2006). <b>Every person matters: enabling spirituality education for nurses.</b> <i>Journal of Clinical Nursing</i> , 15(7), 897–904.	Spirituality, nursing	Critical review of current and in-coming statutory requirements related to spirituality, nursing and nurse education, and a synthetic review of definitions of and approaches to meeting spiritual needs.	English statutory requirements
Taylor, E. J., Testerman, N., & Hart, D. (2014). <b>Teaching Spiritual Care to Nursing Students: AN INTEGRATED MODEL.</b> <i>Journal of Christian Nursing</i> , 31(2), 94–99.	Nursing students, health education	Typically spiritual content is only sporadically included; the authors recommend integrating spiritual care throughout the nursing curriculum.	Description of Loma Linda’s program for integrating spirituality into their nursing curriculum
Tiew LH, & Creedy DK. (2010). <b>Integration of spirituality in nursing practice: a literature review.</b> <i>Singapore Nursing Journal</i> , 37(1), 15–22.	Spirituality, nursing	Five main recurring themes affected nurses' spiritual care: a lack of a shared understanding of spirituality; lack of emphasis on spirituality in nursing education; attitudes, organizational and cultural factors, and individuality.	Literature review 1997-2009
Vlasblom, J. P., van der Steen, J. T., Knol, D. L., & Jochemsen, H. (2011). <b>Effects of a spiritual care training for nurses.</b> <i>Nurse Education Today</i> , 31(8), 790–796.	Spiritual care, nurses	Training in spiritual care for nurses may have positive effects on health care that patients can experience	Dutch hospital
Whisenant, D., Cortes, C., & Hill, J. (2014). <b>Is Faith-Based Health Promotion EFFECTIVE? Results From Two Programs.</b> <i>Journal of Christian Nursing</i> , 31(3), 188–193	Health promotion, spirituality	Church can be an effective way to promote health in America.	Evaluated two biblically-based health programs offered at rural and metropolitan churches
Wolever, R. Q., Jordan, M., Lawson, K., & Moore, M. (2016). <b>Advancing a new evidence-based professional in health care: job task analysis for health and wellness coaches.</b> <i>BMC Health Services Research</i> , 16, 1–11.	Wellness coaching	Job task analysis for wellness coaching	

Additional Resources for Wellness Roundtable Concepts			
Citation	Topic	Reference links and more	
Bras, E. (2016) <b>How mindfulness can benefit nursing practice.</b> <i>Nursing Times</i> ; 112: 18, 21-23.	Mindfulness and Nursing	<a href="https://www.nursingtimes.net/roles/mental-health-nurses/how-mindfulness-can-benefit-nursing-practice/7004433.article">https://www.nursingtimes.net/roles/mental-health-nurses/how-mindfulness-can-benefit-nursing-practice/7004433.article</a>	Key thoughts shared in Terms & Concepts Doc.
Durant, A.F., McDermott, S., Kinney, G., Triner, T. (2015). Caring science: Transforming the ethic of caring-healing practice, environment, and culture within an integrated care delivery system. <i>The Permanente Journal</i> 19(4), e136-142.		Explores the work of Dr. Watson within a healthcare system.  <a href="https://www.ncbi.nlm.nih.gov/pubmed/26828076">https://www.ncbi.nlm.nih.gov/pubmed/26828076</a>	
Gelinas, L. (2019). <b>Promoting clinician well-being.</b> <i>American Nurse Today</i> 14(4).	Clinician Well-being	<a href="https://www.americannursetoday.com/promoting-clinician-well-being/">https://www.americannursetoday.com/promoting-clinician-well-being/</a>	Coincides with National Academy of Medicine content in T&C doc.
Haddad, L.M., & Geiger, R.A. (2019). <b>Nursing ethical considerations.</b>	Ethics in Nursing	Review of Code of Ethics, Provisions, and practice relevancy. <a href="https://www.ncbi.nlm.nih.gov/books/NBK526054/">https://www.ncbi.nlm.nih.gov/books/NBK526054/</a>	Content quoted in the Terms and Concepts doc.
Halm, M. (2017). <b>The role of mindfulness in enhancing self-care for nurses.</b> <i>American Journal of Critical Care</i> , 26(4), 344-348	Mindfulness, Self-care for nurses.	“The evidence suggests that patients reap the benefits of nurses self-care as well.” <a href="http://ajcc.aacnjournals.org/content/26/4/344.full">http://ajcc.aacnjournals.org/content/26/4/344.full</a>	
Kaiser Family Foundation (2018). Beyond health care: The role of social determinants in promoting health and health equity.	SDOH	<a href="https://www.kff.org/disparities-policy/issue-brief/beyond-health-care-the-role-of-social-determinants-in-promoting-health-and-health-equity/">https://www.kff.org/disparities-policy/issue-brief/beyond-health-care-the-role-of-social-determinants-in-promoting-health-and-health-equity/</a>	Content helpful in establishing need for addressing these issues.
Murray, T.A. (2018). Overview and summary: Addressing social determinants of health: Progress and opportunities. <i>The Online Journal of Issues in Nursing</i> 23(3).	SDOH and nursing	Located on ANA’s OJIN website. Includes links to many other articles on this topic. The topic of SDOH and nursing practice has been the subject of significant press in recent years.	
National Academy of Sciences on SDOH	SDOH	<a href="https://nam.edu/social-determinants-of-health-101-for-health-care-five-plus-five/">https://nam.edu/social-determinants-of-health-101-for-health-care-five-plus-five/</a>	

Storfjell, J.L., Winslow, B.W., & Saunders, J.S. (n.d.). <b>Catalysts for Change: Harnessing the Power of nurses to Build Population Health in the 21<sup>st</sup> Century</b> , PP. 1-47	Population Health definitions and strategies	Produced with support from the Robert Wood Johnson Foundation. <a href="https://campaignforaction.org/resource/catalysts-change-harnessing-power-nurses-build-population-health-21st-century/">https://campaignforaction.org/resource/catalysts-change-harnessing-power-nurses-build-population-health-21st-century/</a>	Excerpts quoted in the Terms and Concepts Doc.
Centers for Disease Control and Prevention on SDOH		<a href="https://www.cdc.gov/nchs/data/hpdata2020/HP2020MCR-C39-SDOH.pdf">https://www.cdc.gov/nchs/data/hpdata2020/HP2020MCR-C39-SDOH.pdf</a>	

<b>2021 Literature Review Update- Samples for Specific Concepts</b> Compiled by Keisha L. Johnson, MPH Student			
<b>Citation</b>	<b>Search words</b>	<b>Key points</b>	<b>Notes</b>
Shiow-Ching, S. H. U. N. (2020). A Path to Better Nursing: Fostering Person-Centered, Proactive Nursing Care. <i>The Journal of Nursing Research</i> , 28(6), e119.	<b>Emotional intelligence</b>	Emotional intelligence is a critical aspect of nursing practices since it goes a long way in improving the patients' experience	Emotional intelligence is particularly important among nurses because they have more contact with patients compared to physicians
Halian, A., Halian, I., Burlakova, I., Shevchenko, R., Lappo, V., Zhigarenko, I., & Popovych, I. (2020). Emotional Intelligence in the Structure of Adaptation Process of Future Healthcare Professionals. <i>Revista Inclusiones</i> , 447-460.	<b>Interpersonal relations in the workplace</b>	The need to improve on interpersonal relations is influenced by the fact that poor relations among healthcare practitioners is likely to result in poor coordination, a factor that is known to negatively affect patient outcomes	The best way to foster emotional intelligence is by educating healthcare practitioners on the need to be more considerate in their practice
Farmer, J., Mistry, M., & Jainer, A. K. (2020). Emotional Intelligence for Healthcare. <i>Sushruta Journal of Health Policy &amp; Opinion</i> , 13(1), 26-27.	<b>Improving morale in the work place</b>	By adopting emotional intelligence, it becomes possible for healthcare practitioners to be more considerate about the emotional wellbeing of their patients, a factor that goes a long way in improving patients' outcomes	By adopting emotional intelligence, it becomes possible for healthcare practitioners to be more considerate about the emotional wellbeing of their patients, a factor that goes a long way in



			improving patients' outcomes
Porter, K., Jackson, G., Clark, R., Waller, M., & Stanfill, A. G. (2020). Applying Social Determinants of Health to Nursing Education Using a Concept-Based Approach. <i>Journal of Nursing Education</i> , 59(5), 293-296.	<b>Moral distress</b>	Moral distress in nursing practices is manifested when a nurse feels that what he or she ethically obligated to do differs with his or her personal feelings	Euthanasia is one of the aspects of healthcare practices that has been known to result in moral distress.
Helmets, A., Palmer, K. D., & Greenberg, R. A. (2020). Moral distress: Developing strategies from experience. <i>Nursing Ethics</i> , 27(4), 1147- 1156			
Deschenes, S., & Kunyk, D. (2020). Situating moral distress within relational ethics. <i>Nursing ethics</i> , 27(3), 767-777.			
Shaughnessy, M. K., Griffin, M. T. Q., Bhattacharya, A., & Fitzpatrick, J. J. (2018). Transformational leadership practices and work engagement among nurse leaders. <i>The Journal of Nursing Administration   JONA</i> , 48(11), 574-579.	<b>Resilience</b>	Resilience is essential in nursing practices since nurses endure a lot of hardship in carrying out their duties	Creating a good work-life balance is also a factor that is known to result in resilience
Keenan, J. M. (2020). COVID, resilience, and the built environment. <i>Environment systems &amp; decisions</i> , 1.			
Austin, Z. (2020). Cultivating resilience in the health professions. <i>Pharmacy Today</i> , 26(2), 41-53.			
Wiig, S., & Fahlbruch, B. (2019). <i>Exploring Resilience: A Scientific Journey from Practice to Theory</i> (p. 128). Springer Nature.			
Olvera, H. A., Provencio-Vasquez, E., Slavich, G. M., Laurent, J. G. C., Browning, M., McKee-Lopez, G., & Spengler, J. D. (2019). Stress and Health in Nursing Students: The Nurse Engagement and Wellness Study. <i>Nursing research</i> , 68(6), 453-463.	<b>Relationship building/Connectedness</b>	An evaluation of some of the key factors affecting healthcare practices reveals that interpersonal relationship within the work environment goes a long way in improving the overall quality of healthcare	Relationship building is not only vital among healthcare staff members but also between healthcare practitioners and patients as it improves the level of trust and confidence in the services being offered
Rao, S., Pell, D., & England-Kennedy, E. S. (2017). Suicide, resilience, and connectedness across the lifespan. <i>Family &amp; Community Health</i> , 40(4), 347-356.			

Oermann, M. H. (2020). Nursing Education Research: A New Era. Nurse educator, 45(3), 115.	<b>Spiritual well-being</b>	The need to take into consideration spiritual well-being is influenced by the fact that spiritual and religious play an important role in promoting access to care	While healthcare practitioners do not have to subscribe to any of the diverse religious beliefs that patients may have, there is the need to maintain some form of sensitivity
Timmins, F., & Caldeira, S. (2017). Assessing the spiritual needs of patients. <i>Nursing Standard (2014+)</i> , 31(29), 47.			
Timmins, F., & Caldeira, S. (2017). Understanding spirituality and spiritual care in nursing. <i>Nursing Standard</i> , 31(22).			
Silva, V. L. D. S., Camelo, S. H. H., Soares, M. I., Resck, Z. M. R., Chaves, L. D. P., Santos, F. C. D., & Leal, L. A. (2017). Leadership practices in hospital nursing: a self of manager nurses. <i>Revista da Escola de Enfermagem da USP</i> , 51.	<b>Social determinants of health</b>	The social determinants of health refers to the economic and social conditions that influence the health well-being of individuals and groups	While the Affordable Care Act has been credited with addressing some of the social determinants of health, a lot more needs to be done
Papanicolas, I., Woskie, L. R., & Jha, A. K. (2018). Health care spending in the United States and other high-income countries. <i>Jama</i> , 319(10),1024-1039.			
Donkin, A., Goldblatt, P., Allen, J., Nathanson, V., & Marmot, M. (2018). Global action on the social determinants of health. <i>BMJ Global Health</i> , 3(Suppl 1), e000603.			
Hassmiller, S., & Bilazarian, A. (2018). The business, ethics, and quality cases for consumer engagement in nursing. <i>The Journal of nursing administration</i> , 48(4), 184.	<b>Compassionate care</b>	Compassionate care plays a critical role in improving patients' outcomes by boosting the morale and confidence that they will recover	Offering compassionate care can be best attained by giving special consideration the diverse patients' beliefs and taking time to know the things that they find comfort in
Burnell, L. (2019). Compassionate care: A concept analysis. <i>Home Health Care Management &amp; Practice</i> , 21(5), 319-324.			

<p>Schiaffino, M. K., Ruiz, M., Yakuta, M., Contreras, A., Akhavan, S., Prince, B., &amp; Weech-Maldonado, R. (2020). Culturally and linguistically appropriate hospital services reduce Medicare length of stay. <i>Ethnicity &amp; Disease, 30(4)</i>, 603.</p>	<p><b>Culturally appropriate care</b></p>	<p>The need to provide culturally appropriate care is influenced by the fact that some cultures are not open to certain concepts of care</p>	<p>Some of the strategies that healthcare institutions are taking up to promote culturally appropriate care is ensuring that they recruit a culturally diverse workforce</p>
<p>Johnson, A., Murcko, A., Castro Thompson, A., Merica, C., &amp; Stephan, M. (2021). A Culturally Relevant Care Model to Reduce Health Disparities Among Medicaid Recipients. <i>Hispanic Health Care International, 15404153211005403</i>.</p>			
<p>Soled, D. (2020). Language and Cultural Discordance: Barriers to Improved Patient Care and Understanding. <i>Journal of Patient Experience, 7(6)</i>, 830-832.</p>			
<p>Eklund, J. H., Holmström, I. K., Kumlin, T., Kaminsky, E., Skoglund, K., Högländer, J., &amp; Meranius, M. S. (2019). "Same same or different?" A review of reviews of person-centered and patient-centered care. <i>Patient Education and Counseling, 102(1)</i>, 3-11.</p>	<p><b>Patient-centered care</b></p>	<p>Patient-centered care is essential in guaranteeing improved patient outcomes by providing care that has been tailor made to meet each patient's unique needs</p>	<p>Healthcare practitioners need to stay up-to-date with the strategies utilized to provide patients with care that is specialized to meet their unique needs</p>
<p>Jarrar, M. T., Minai, M. S., Al-Bsheish, M., Meri, A., &amp; Jaber, M. (2019). Hospital nurse shift length, patient-centered care, and the perceived quality and patient safety. <i>The International Journal of Health Planning and Management, 34(1)</i>, e387-e396.</p>			
<p>Agha, A. Z., Werner, R. M., Keddem, S., Huseman, T. L., Long, J. A., &amp; Shea, J. A. (2018). Improving patient-centered care. <i>Medical Care, 56(12)</i>, 1009-1017.</p>			

\*This evidence is not intended to be exhaustive regarding the available published literature on these topics. The intent was to add to what we currently know about the topics. The amount of available published literature on these topics has been increasing in recent years.